

Partial list of accomplishments in Judo:

1991 GOLD MEDALIST: UJSI NATIONAL MASTERS CHAMPIONSHIP
1991 GOLD MEDALIST: AMERICAN/CANADIAN CHALLENGE
1999 GOLD MEDALIST: WORLD MASTERS JUDO CHAMPIONSHIP
1990 GOLD MEDALIST: USJI NATIONAL MASTERS CHAMPIONSHIP
1990 GOLD MEDALIST: AMERICAN/CANADIAN CHALLENGE
1981 thru 1989 USJI NATIONAL MASTERS CHAMPION
1987 GOLD MEDALIST: WORLD POLICE FIRE GAMES
1986 GOLD MEDALIST: NY STATE POLICE OLYMPICS
1984 GOLD MEDALIST: YMCA NATIONALS
1982 GOLD MEDALIST: EMPIRE STATE GAMES
1981 GOLD MEDALIST: EAST COAST CHAMPIONSHIPS
1980 GOLD MEDALIST: EASTERN RANK CHAMPIONSHIPS

MEMBER: UNITED STATES EAST COAST TEAM VERSUS
JAPAN; CHINA; W. GERMANY & POLAND

2003 SILVER MEDALIST WORLD MASTERS, TOKYO, JAPAN
2001 SILVER MEDALIST: STARRET CUP
1999 SILVER MEDALIST: LIBERTY BELL CLASSIC, PA
1984 SILVER MEDALIST: AM-CAN CHAMPIONSHIP
1983 SILVER MEDALIST: EMPIRE STATE GAMES
NJCAA SILVER MEDALIST

1991 BRONZE MEDALIST: WORLD POLICE & FIRE GAMES
1986 BRONZE MEDALIST: AM-CAN CHAMPIONSHIPS
1984 BRONZE MEDALIST: QUEBEC OPEN

1978 HEAVYWEIGHT WRESTLING CHAMPION - CUNY

ADJUNCT JUDO INSTRUCTOR - COLLEGE OF STATEN ISLAND
NATIONAL ADVISOR: U.S. POLICE DEFENSIVE TACTICS ASSN.

1986 - 1996 VICE PRESIDENT HUDSON JUDO ASSOCIATION
1992 - 1993 JUDO COACH, U.S. OLYMPIC TRAINING CENTER,
LAKE PLACID, N.Y.

2000 - JUDO COACH, NYC EMPIRE STATE GAMES
2001 - JUDO COACH, NYC EMPIRE STATE GAMES

1997 - ASSOCIATE INSTRUCTOR, NYC POLICE ACADEMY
1997 - ASSOCIATE INSTRUCTOR - F.B.I.